

## 8-Week Fat-Loss & Fitness Challenge

Starts January 23rd

## Challenge Start-Up Includes: \$275

• 1/2 day program orientation retreat (1/16/15 9:30am –1:30pm)

- Weekly Clean-Eating Nutrition Program & Easy To Follow Guide
- One-Hour Food Prep & Organization 'How To' Hands On Coaching
- One-Hour Success Coaching by Certified Life Coach
- 4 Body Composition Testing/Measurements (Every 2 Weeks)
- Weekly Prizes for Added Motivation Throughout Program
- One GRAND PRIZE awarded to MOST IMPROVED participant

## **GUARANTEE MY RESULTS Add-On:**

A: 24 – Day Fat-Loss Herbal Cleanse & Supplement Program \$170

B: 8-Weeks Unlimited Group Training Classes (New Members only) \$70

C: 3 Additional Success Coaching Sessions *\$65* 

## Registration Deadline: January 13, 2016

Sign Up Online: https://edgefitnessnow.sites.zenplanner.com/sign-up-now.cfm

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